

Ermineskin Newsletter April 1, 2025 Neyâskweyâhk Acimowin Ayikîpîsim Peyak אילאלי עלי

2025-2026 Fiscal Budget Meeting

To ensure transparency with our Ermineskin Members, Raj Regmi, the Financial Officer of the ECN Finance Department, has prepared a presentation to review the upcoming budgets for the 2025-26 Fiscal Year. This presentation will outline how funds will be allocated for the services ECN provides, as well as for various programs and projects.

Chief Joel Mykat, accompanied by Elder Ron Littlechild, opened the meeting by welcoming everyone in attendance and acknowledging the concerns of members. Leadership emphasized to the public that Neyaskweyahk is currently in a secure financial position. Various members expressed concerns about the nation's well-being, highlighting issues such as community safety, addictions, poverty, and high unemployment rates. Stating these concerns provides sufficient evidence for Ermineskin Cree Nation to declare a State of Crisis.

Chief Mykat and Finance Portfolio holder Jason Makinaw, emphasized that our leadership is committed to working closely with the Finance Department and corresponding departments to ensure that funds are distributed appropriately and adequately within the nation. They also wanted to assure our members that community

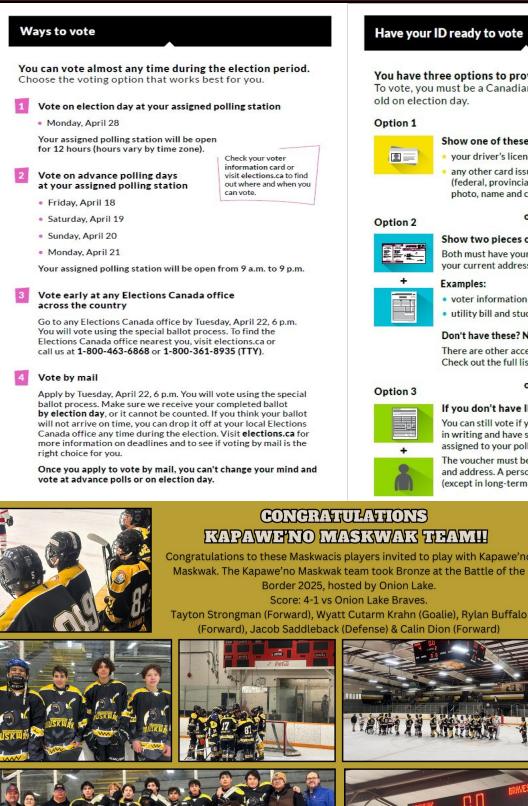


support programs and services will be made a priority and will be readily available in the upcoming fiscal year to those in need.

After reading the fiscal budget, the vote on the annual \$500 Per Capita Distribution (PCD) took place. The decision was made to distribute funds on the following dates and amounts per band member: \$200 in August, \$200 in December, and \$100 in January.

If you would like to see the presentation or have any questions in regard to the 2024-25 Fiscal Budget, please contact our ECN Finance Department: (780) 585-3741.

ARE YOU READY TO VOTE IN THE FEDERAL ELECTION?



Have your ID ready to vote

You have three options to prove your identity and address. To vote, you must be a Canadian citizen and at least 18 years old on election day.

Option 1

Show one of these pieces of ID vour driver's licence

any other card issued by a Canadian government (federal, provincial/territorial or local) with your photo, name and current address

Option 2

+

or

Show two pieces of ID

Both must have your name and at least one must have your current address.

Examples:

 voter information card and bank statement utility bill and student ID card

Don't have these? No problem!

There are other accepted pieces of ID. Check out the full list at elections.ca.

or

If you don't have ID

You can still vote if you declare your identity and address in writing and have someone who knows you and who is assigned to your polling station vouch for you.

The voucher must be able to prove their identity and address. A person can vouch for only one person (except in long-term care facilities).



CONGRATULATIONS KAPAWE'NO MASKWAK TEAMII

Congratulations to these Maskwacis players invited to play with Kapawe'no Maskwak. The Kapawe'no Maskwak team took Bronze at the Battle of the

Score: 4-1 vs Onion Lake Braves.







HE CORNIER

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CONGRATULATIONS!

It is with great pleasure that we congratulate The Brothers By Choice in the 2025 Cyclone Memorial Champions on their remarkable win!

Also, Maskwacis players **Kaedin Larocque-Wolfe** and **Dylan Soosay**, along with their team Tahlton Selects, we'd like to congratulate them on their triumphant victory at the 45th annual Kirlrich Yukon hockey tournament in the Yukon.

They are a very talented group of players!



DOG SAFETY FOR THE COMMUNITY

In light of the rising concerns surrounding dogs in our communities, it's essential to highlight the vital role of a cohesive community in fostering a safe and welcoming environment. By coming together, we can ensure that both our pets and the people who care for them feel secure and at ease, creating a peaceful space where everyone thrives.

Recognizing the strong human-animal bond is crucial for individuals needing daily assistance. The unconditional love from pets provides motivation and support, helping to calm fears and anxieties. We need to identify potential hazards, assess risks, implement control measures, and communicate this information effectively to the community.

It is important to recognize that some dogs are territorial and may perceive people as intruding on their space. Additionally, many dogs are protective of their families, and even a dog that has never displayed aggression before can react defensively if they feels a family member is in danger while our staff is providing care. We must remember that all dogs can bite, regardless of their size or breed.

Other potential hazards associated with animals or pets include biting, tripping, aggressive behavior, excitement, protective behavior, jumping, scratching, and barking. Furthermore, some individuals may have allergies or phobias related to animals.

Being able to recognize signs of aggres-

sion: There are numerous types of aggression you may face when encountering a dog, and being able to tell the difference is very important. Here are the 5 main types of aggression that dogs present:

1.**Fear:** A fearful aggressor won't approach directly; it may bark from a distance or hide. It often attacks when you turn your back, especially while you're providing care or leaving.

2. **Frustration:** When a dog is chained up or locked inside, it can become frustrated when someone enters the yard. This may lead the dog to bark and lunge at the chain, potentially scaring you away.

3. **Territorial:** Dogs are naturally territorial, viewing people entering their yard as an invasion. A friendly dog outside the fence may become defensive once someone enters, often barking and trying to push the intruder out rather than attacking immediately.

4. **Predatory**: Dogs are natural predators that will chase anything that triggers their instincts. Confident and strong-willed, these dogs often try to provoke you into running so they can chase you down, charging at you directly.

5. **Protective:** Dogs can be very protective of their families, and even a normally non-aggressive dog may attack if it feels threatened. An example is when a dog perceives harm to its owner during care.

If you can't tell right away whether a dog is aggressive, it's best to stay away and watch its body language for signs of aggression.

Look for Body Language: There are clear signs that can help you decide if a dog is aggressive. Remember, just because Fluffy's tail is wagging, it doesn't mean she wants to be your friend. Some of the important signs to pay attention to when encountering a dog are:

• Is the dog's body stiff and rigid and the dog not moving? Chances are the dog is sizing you up and waiting for you to make a move.

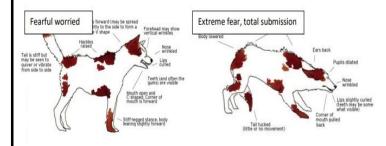
• Is the hair on its neck and back (hackles) standing up? This is a way for the dog to make itself appear bigger.

• Is the mouth closed with the lips curled back? This is another clear sign of aggression. Some dogs may also yawn in an exaggerated fashion when they are stressed about something they don't like.

• A fearful dog will generally have a hunched-over body, lowered head, tail tucked between their legs, and avoid eye contact. This can signal the fearful, aggressive type, and the dog may attack when your back is turned.

• Sometimes a friendly dog may not even be wagging its tail but instead sitting in a more neutral position, panting with its tongue hanging out of the side of its mouth.

• Another sign of a friendly dog is along with the tail wagging, its whole body might be wagging and may even appear that the dog is "dancing" with excitement.



In case of Attack, If the dog gets your arm, don't yank away from it as that can cause tearing of the skin and make the injury worse. Instead, push into the dog hard. It won't hurt the dog, but it will make it uncomfortable, and it'll be more likely to let you go because you aren't struggling, and this can result in a much less severe injury.

If you are knocked over, do not flail and scream. Use your arms to protect your head and neck. If the dog is attacking the upper half of your body, use your legs to kick at the dog while you pull yourself out of the yard/room or until the dog leaves you alone. Curling up into a ball will also protect your vital parts, give the dog less body area to bite at, and give you a better chance of the dog losing interest in you.

If, in a worst-case scenario, you need to use force to defend yourself, there are some key spots you can strike a dog to stun it and give you a good chance of getting away. These spots include the chest, the back of the head, between the shoulders, and along the ribs. Use caution when defending yourself, as hitting a dog in the face for defense could end up making the dog angrier instead of making it back off.

Once you are safe, report the incident to your local authorities immediately and seek medical attention if necessary. Complete the Injury/Near Miss Reporting Process. Animal Services will be contacted.

Depending on the dog's immunization status, they may need to take the dog into quarantine to make sure it doesn't have rabies or something else that can be harmful to you.

A safe community for dogs depends on good laws, education, and proper facilities. By promoting responsible pet ownership, setting clear community rules, and creating dog-friendly areas, we can help pets, their owners, and neighbors live together peacefully and safely.

SECOND MEASLES OUTBREAK UPDATE

March 18, 2025

TO: Alberta Region First Nations Health Directors **SUBJECT**: Measles Update from Indigenous Services Canada, Alberta Region (ISC-AB)

You may be getting questions about what the recent measles cases in Alberta mean for your community, so here is some information in case it is useful to you and your Nation members.

As Alberta Health Services follows up on potential measles exposures that happened at their facilities, it is possible that some of your members might be contacted because they were exposed to a case. Should there be cases in your First Nation in future, ISC MOHs will be reaching out to you and your leadership directly to inform you.

I have put answers to some questions you might be getting from your members below. Please feel free to share this with your Nation members as you feel is useful.

What is measles?

- Measles is an illness caused by a virus that is spread easily through the air and is very contagious to people who are not protected.
- People who are not protected can catch the virus, get sick, and spread the virus to others.

What are the symptoms of measles?

- Fever 38.3° C or higher.
- Cough, runny nose or red eyes.
- Red blotchy rash appearing 3-7 days after fever starts, beginning behind the ears and on the face and spreading down to the body and then to the arms and legs.
- Symptoms usually start 8-12 days after exposure but can take as long as 21 days to appear. The infection can spread to others starting a day or two before any symptoms develop.

Why is measles serious?

- Measles spreads very easily.
- The measles virus can persist in the air or on surfaces for up to 2 hours.

- There are serious complications that include pneumonia, hearing loss and brain damage.
- Hospitalization can occur in approximately 1 of every 5 people infected.
- Measles suppresses the immune system for months to years after infection.

Who is protected against measles?

- People who were born before 1970 likely had measles disease as a child, so they are considered protected,
- People who have had lab-confirmed measles disease in the past are protected,
- People who have had a blood test showing evidence of immunity are protected, and
- People who have documentation of two doses (given more than 1 month apart) of measlescontaining vaccine (given on or after one year of age). If you don't know if you have had two doses of measles vaccine, you can call the health centre to ask.
- Note that all people who work in health care settings need to have two doses of measles vaccine even if they were born before 1970 – this is because they have a higher risk of exposure, and having vaccine gives them more protection.

What's the difference between a measles case and a contact?

- A case is a person who is infected with the measles virus and who can spread that virus to others from four days before their rash starts to four days after the rash starts.
- A contact is a person identified through contact/exposure site tracing who may have been exposed to measles.
- Contacts of measles cases who are not immune to measles need to stay away from others for 21 days from last exposure just in case they get sick.
- People who have been around a contact are not at risk of infection unless that contact becomes a case.

What happens if you're exposed to measles (if you are a contact)?

- Anyone who has protection to measles infection (as outlined above) can continue their regular activities, even if they are exposed to someone with measles
- Anyone who is exposed and who does not have protection to measles will be called by a public health nurse. For people contacted within a few days of their exposure, getting vaccine quickly, or immune globulin treatment for babies, can help prevent disease.
- People without protection to measles who are exposed will need to stay home and away from other people for 21 days from the last time they had a measles exposure
- Everyone exposed to measles should watch for measles symptoms like fever, cough, and rash, and should call the health centre if they have any of these.

Who can get the measles vaccine?

- People who were born in or after 1970, and who have received fewer than two doses of measles containing vaccine.
- Health care workers of any age are eligible for two doses of measles containing vaccine.
- Pregnant women **must** wait until after delivery to receive this vaccine.
- If you are immunosuppressed please discuss whether you can be immunized with your health care provider.
- Babies typically get their first dose of measles vaccine at one year of age, but if they are at risk of exposure, like in an outbreak, babies from six months to 12 months of age can get an early vaccine dose for short-term protection. They still need two more doses after a year of age for long-term protection. Right now, only babies in areas in the north of the province where a measles outbreak has been declared are eligible for this early dose.

How can I check my immunization status?:

STOP THE SPREAD! Measles is extremely contagious

SYMPTOMS STAY HOME AND CALL 811

• fever • rash

• red eyes or runny

 small white spots inside the mouth lf you have symptoms, stay home and call 811. For more info: text 'measles' to 88111

YOU CAN RECEIVE THE VACCINE IF:

- You were born after 1970
- You are not pregnant
- You do not take medication that suppresses your immune system
- You have received less than two doses of measles containing vaccine in your lifetime

IF YOU HAVE SYMPTOMS, <u>STAY HOME</u> AND <u>CALL 811</u>. FOR MORE INFO: TEXT 'MEASLES' TO 88111

- Contact the community health centre.
- Call Health Link at 8-1-1 or text "vaccine record" to 88111
- If you were born before 1970 or you have already received two doses of measles containing vaccine, you are highly protected.

Recommendations:

- Stay home if you are sick.
- Call your health care provider if you or someone in your household has symptoms of measles (like fever, cough, and rash). It is really important that you call the health centre before going there so necessary precautions can be undertaken.
- Please provide information to a nurse if you are called. Any information you provide will be kept confidential.
- Immunization is the best protection against measles.

Thank you for your ongoing partnership to keep the community safe and healthy.

A SEASON OF CHANGE

As spring approaches, many of us feel a sense of hope and renewal in the air. This season is a beautiful reminder that change is possible. With warmer weather, longer days, and vibrant flowers blooming, we can all embrace the idea of new beginnings and growth. It's a time when it's perfectly natural to reflect on our personal goals, clear out old clutter, or dive into new projects. Remember that you're not alone in these feelings; many people are also seeking fresh opportunities and the courage to make positive changes in their lives.

Don't forget to embrace the warm sunlight that spring brings, as it comes with longer daylight hours. This exposure to sunlight often boosts serotonin levels, leading to an improved mood and reduced feelings of depression. Additionally, spring symbolizes rebirth and fresh starts, which can inspire a desire for inner reflection and personal growth. Therefore, this is the perfect time of year to pick up that unread book sitting on the shelf or to make a habit of watering your plants regularly.

On a personal note, I have planned a few trips to the mountains, starting next week. Having something to look forward to motivates me to achieve my goals. Although we are already halfway through spring, there's no better time to start something new than now. So, take the initiative and encourage those around you to embark on their own self-development journeys.

As you enjoy the warm sun and fresh air, take a moment to reflect on the promise of spring. This season brings renewal and growth for our community as we emerge from winter's grasp. Steve Sutherland captures this well: "I believe in process. I believe in four seasons. Winter's tough, but spring's coming. In life, you grow. You get better." Embracing this perspective inspires us to see every season as an opportunity for change.

Springtime can be uplifting for our mental well-being. This season symbolizes growth and



renewal, reminding us that life is a cycle of new beginnings. As we embrace spring, many of us feel less sluggish and more open to change, whether big or small. With the warmth of the sun and longer days, there's a shared sense of hope and optimism that enhances our overall satisfaction and connection to the world around us.

How can we embrace the vibrant hope of this season and nurture our personal growth like a flourishing garden? Here are some inspiring ideas:

1. Refresh your space by donating unused items during Spring Cleaning.

2. Visit the local library to explore new stories and ideas.

3. Discover a new walking path, soaking in the beauty of nature.

4. Invite friends over for tea and enjoy warm conversations.

5. Volunteer in your community to create meaningful connections.

6. Start a garden and watch your efforts bloom into life.

7. Plan a getaway or day trip to invigorate your spirit.

Engage in activities that resonate with you and promote your development. Focus on your health, maintain a positive outlook, nurture relationships, plan wisely, and commit to your goals.

Article by: Kayla Cutarm-Newsletter Editor

OB OPPORTUNITIES/COMMUNITY EVENTS



N.E.P. 910 Program



HOW TO APPLY:

- Resumes can be dropped off at N.E.P Office
- Criminal Record Check REQUIRED
- Ermineskin Band Members ONLY

** PLEASE NOTE APPLICATION WILL NOT BE CONSIDERED COMPLETE UNTIL YOU PROVIDE A CRIMINAL RECORD CHECK

SELECTION DATE- TBA

If you are have any question, contact: **Clinton Roan or Trina Morin** (780) 585-2101





PIGEON LAKE GOLF CLUB & RV PARK PO Box 150 Mulhurst Bay, Alberta T0C 2C0

PLGC@louisbulltribe.ca

Position: Golf Marshal Full-time

Who we are: Pigeon Lake Golf Club and RV Park (PLGC) is a first nations owned golf course; we are in Mulhurst, Alberta located at 5401 Lake Drive with access to out parking lot via our main driveway just to the south of Cedar Crest Inn. PLGC has been welcoming guest to Mulhurst Bay since 1991, many of our parks RV tenants have been community members for over twenty years. We see multi-generations of families that now rent multiple RV sites at PLGC. PLGC is an iconic fixture in Pigeon Lake and the best 18-hole golf course and RV park in Mulhurst Bay.

What we offer:

- · Competitive wages and bonuses
- · Discounted green fees at PLGC, staff discounts on branded merchandise.
- Career advancement opportunities within the company
- A fun place to work with an amazing team & company culture!

Essential Duties (but not limited to):

- Work in conjunction with the professional staff to control and manage the flow of golf course play for members and guests in an efficient, courteous and professional manner
- Provide directions to golfers regarding course rules, etiquette, and pace of play guidelines
- Assist with directing guests to club amenities such as washrooms, food & beverage, golf shop and cart pickup and return areas
- Patrol assigned areas of the course on a regular basis: reporting any damages/deficiencies and safety concerns or policy breaches
- Ensure golfers are playing/driving in designated areas, responding to golfers' questions and/or concerns
- Assist in the preparation of golf tournaments and day of tournament tasks The position requires the incumbent to always display an outstanding customer
- service attitude, to ensure a positive experience for the members and guests Other duties as assigned

BOARD OPPORTUNITY

One Trustee Position - for a 3 year term (July 10, 2025 - 2028) DEPARTMENT: Ermineskin Education Trust Fund (EETF) March 20, 2025 CLOSING DATE April 17, 2025

The Ermineskin Education Trust Fund (the Trust) was established by the Ermineskin Cree Nation in 1982 with the purpose to encourage, promote and facilitate higher education among the Ermineskin Cree Nation Citizens. The Trust was established with the intention to continue in perpetuity for the use and benefit of the Nation. With the creation of the Trust, the Ermineskin Education Board of Trustees was formed. The Trustees of the Board were entrusted with roles and responsibilities under the Trust Deed to manage, protect and invest the Trust Property for the use and benefit of the Beneficiaries

OUALIFICATIONS:

POSITION:

OPEN DATE:

- Candidates must:
 - be eighteen (18) years of age
 - be a Ermineskin Cree Nation Citizen
 - o not be an undischarged bankrupt in accordance with applicable
 - bankruptcy legislation not be convicted of an offence involving fraud, dishonesty, breach of
 - trust, theft or forgery
- Appointment for the Trusteeship is for a three (3) year term.

Trustee Responsibilities

- Must have an interest in the promotion of education of the Ermineskin Cree Nation Citizens.
- Must have knowledge of the EETF Trust Deed and board governance.
- Must have knowledge of trust investments and financial literacy. Must be willing to devote personal time in the activities set up and
- conducted by Ermineskin Education Trust Fund
 - Annual Awards Nights
 - Various Workshops Youth Conferences
 - Various meetings relative to education
- · Must maintain an objective and professional attitude when decision making and policy making occurs within the organization, keeping in mind the best
- interest of our community. Must attend Regular scheduled board meetings and be available for special
- board meetings, which can be called by the Chairman with as little as 48 hours' notice.
 - Must read and review all documents issued before or at meetings;
 - Maintain regular communication;
 - Understanding of Robert's Rules of Orders.

IMMER WORK EXPERIENCE PROGRAM

2025-26

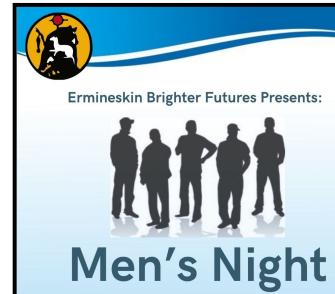
ATTENTION SUMMER STUDENT APPLICATIONS WILL BE AVAILABLE FOR

POST SECONDARY - ENDOF APRIL - BEGINNING OF MAY

HIGH SCHOOL - END OF MAY -**BEGINNING OF JUNE**

If you have any questions regarding Summer Work Experience Program inquiries please Contact: SWEP Coordinator Millie H. Mackinaw Tel: 780-585-4006 E-mail: millie@ermineskin.ca

www.plgc.ca



Starts: Thursday, April 10th, 2025

6-8 pm Brighter Futures Boardroom Ages: 18 and up

- Developing safe spaces -Importance of accountability - Self reflection and growth

To register please call: 780-585-2000

MARCH 25/2025

ASKWEL

TOLAND FIREFIG

Weekly Programs

Pow wow Singing <u>Tuesdays</u> 5 – 7 pm Fitness All Ages <u>Tuesdays</u> 6 – 8 pm Arts & Crafts <u>Wednesdays</u> 5 – 7 pm Floor Hockey All Ages Thursdays 6 – 8 pm

For <u>youth</u> to participate in our weekly programs and upcoming field trips, parents must fill out our <u>youth contact</u> <u>information form.</u>

Please come into the Recreation to fill it out. Call 780-585-3088 Email recassistant@ermineskin.ca

ΔRF

APRIL 2025

CPNP COUPON DISTRIBUTION DATES

> APRIL 2ND, 2025 APRIL 16TH,2025 APRIL 30TH, 2025

PLEASE NOTE: COUPON PICK UP IS ONLY AVAILABLE DURING THE DESIGNATED PICK UP DATES

FOR MORE INFORMATION PLEASE CALL ERMINESKIN BRIGHTER FUTURES AT: 780-585-2000 6 MONTH EMPLOYMENT

NWLF COORDINATOR

Cover Letter

5

- Resume
- Criminal Record Check
- 3 References
- Certificates (First Aid, WHIMIS etc.)

DEADLINE: APRIL 7, 2025 Send your Application to: jewel@ngcinc.ca

APPLY NOW!

For more information call 780-585-3000

APRIL 12 2025

6:00 P.M



