

Ermineskin Newsletter November 19, 2020

Maskwacis Observes Remembrance Day

November 11, 2020

A small crowd gathered for a socially distanced observance of Remembrance Day 2020 at the Maskwacis Cenotaph. The event was shortened in accordance with safety guidelines and didn't include the procession from the mall.

The Four Chiefs gave opening remarks, starting with Chief Verne Saddleback of Samson. "It's always an honour to come here to remember. I want to thank all of the military families in our community... moments like today help us bring our military families together to remember to thank those that served." Chief Leonard Standing-on-theroad of Montana spoke, fol-

lowed by Chief Irving Bull of Louis Bull, then Chief Randy Ermineskin of Ermineskin: "We remember this time, the 11th hour of the 11th day, the guns went silent. Today we're reminded that there were... around 154,000, though it might be more now, of our First Nations people that served in the... wars to protect us. Today we stand here to remind ourselves to never forget how they sacrificed their lives for us... Thank you Sara [Potts] and all of the planning committee.... First Nations had a major part in protecting our countries and also the elders in our communities that really stood and protected us from... harm.... Let's continue to pray for each other."

Afterwards, Dr. Yvonne Saddleback read "In Flander's

Below: The Four Nation Chiefs prepare to lay wreaths at the Maskwacis Cenotaph at the 2020 Remembrance Day Ceremony



Field" in Cree

Glenda Swampy read the names of the Maskwacis Veterans.

Jan Schwonik played "Last Post" and "Reveille" on trumpet.

Sadie Buffalo layed a wreath on behalf of mothers of veterans.

An Honour song was sung by Bear Hills Drum Group.

Acknowledgments were made to the planners of the event

Finally, Kiya Bruno sang O Canada in Cree.

~article/photos by Sara Lee~



November is the time for National Native Addictions Awareness Week (NNAAW). Due to Covid 19 in the community, we must keep safety in mind first and social distance. At this time, we have suspended our programs and support groups until further notice.

Addiction support is still available if you would like information on detox or treatment please call me at 780-585-2268 from 9:30 am to 2:30 pm. 24/7 crisis locally please call Mobile Mental Health 780-362-2150 or the addictions help line at 1-866-332-2322.

If you are off reserve dial 211 and if the service is not available in your area call 780-482-info(4636).

I also have printed lists of local AA (Area 78 AA.ORG, NA (call 1-888-401-1241) and CA(https://bit.ly/cocaineanonymous) meetings which I could email or fax if needed. Crystal Meth Anonymous...780-691-8509. Most are keeping safety precautions in mind and I cannot guarantee they are not cancelled but zoom meetings are available.

If you have access to internet check out www.scaredstraighttour.com

In "Members Area" select "login"

Enter Username: Samson FN

Enter Password: SFNVSST2019

On this site you may access videos, resources on addiction and online meetings.

If you or a family member is struggling with addictions do not hesitate to contact me. Mental Health Counselling is also available. Please call 780-585-2151 or text 780-312-5268.

Addictions affect everyone. For those that are affected by others drinking consider Alanon Family Groups (24/7) 780-443-6000. It is important to know that there is help and support in our community. Just reach out and stay safe.

Take Care,

Judy Littlechild, CCAC, CIAC, CACII NNADAP, Maskwacis Counselling & Support Services

Ph: 780-585-2268 fax: 780-585-3381



ECN Office Closure



At a duly convened Chief and Council meeting held on November 18, 2020, the following motion was made:

Moved By Randy Ermineskin.

Seconded by Nina Makinaw.

BE IT RESOLVED THAT THE Ermineskin Chief and Council agrees to do a complete shutdown of the Ermineskin Tribal Administration offices from Monday, November 23, 2020 to December 7, 2020. Furthermore, that the appropriate disinfection protocols be scheduled and implemented. All in favour.

Motion Carried.

What does this mean? The office closure is effective Monday, November 23, 2020. The following will be also in effect:

All staff that can work from home are to do so;

All meetings are to be done by video or teleconference;

Schedule the disinfection of the Administration Building;

Strictly adhering to office schedule for Council cheque signing;

When staff return in December a rotation of staff will be developed and implemented;

All bookings for the Neyaskweyahk Okimaw Kamik will be postponed until further notice;

Tribal Administration shut down will not apply to NHS, Women's Shelter, KKI and essential services.

This decision was based on the recent increase of COVID positive cases in Maskwacis. The safety and well-being for all ECN employees and citizens is paramount during this time for the Chief and Council, along with the Emergency Operations Committee. It is very important to follow safety protocols are that currently in place, and as set in out by AHS/MHS -wearing of face masks, hand sanitizing, and social distancing. We are also urging to minimize family gatherings. We all must do our part in flattening the curve of this virus in Maskwacis.

Please remain calm, do your part by following all safety protocols. Be safe and stay healthy, we are all in this together.

Respectfully.

Geraldine Hill, ECN Administrator







Testing is available by drive thru, contact Maskwacis Health Services for dates and locations near you.

Anyone who develops new or worsening symptoms of any kind should immediately self-isolate and get tested, even if they have had a previous negative test.

STAY SAFE - WASH HANDS - GET TESTED

Maskwacis Education School Commission Announces 2 week Closure

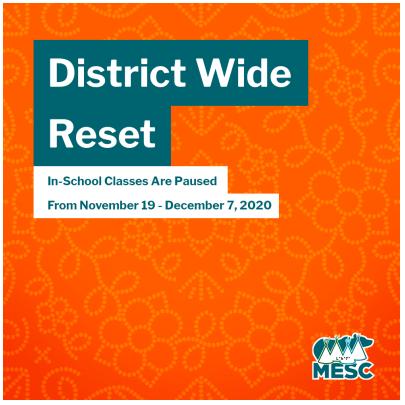
As a preventative measure, and to mitigate the risk of COVID-19 in schools, MESC has initiated a district wide reset. This decision was made in collaboration with the Maskwacîs Directors of Emergency Management to help control the spread of COVID-19. We continue to keep the health and safety of students and staff as our highest priority.

This means:

- All in-school classes are paused
- Schools are closed to students and the public from November

19th until December 7th. Classes may resume on December 8th.

- MESC schools and administration buildings will be closed to staff from November 20th, 2020 until December 7, 2020
- Enhanced cleaning protocols at all schools **MESC** will be initiated. Learning Packages will not be sent home during this time. You can access the MESC website for materials support your child's learning https://www.maskwacised.ca/ at learningfromhome/. Teachers continue to contact awasisak and oskâyak (children and youth), as well as ohpikinahawasiwin (parents/ guardians) during this period to discuss assignments and report cards. Students can connect with their school counsellor by using our



counsellor request form at https://sites.google.com/.../connect-with-a-counsellor...

Students can also access many fun videos and activities at https:// sites.google.com/maskwacised.ca/ mesccounselling/. There are also available support resources to (parents/ ohpikinahawasiwin guardians) in supporting their children while they work from home. The Counselling website is intended to provide support in non-urgent situations. If an urgent situation regarding mental health and wellness arises, please contact Mobile mental health 780-362-2150 (call or text). For more information on COVID please visit: https:// www.maskwacised.ca/covid-19cases/

Kanawemahwasowin Kamik Announcement

The team at Kanawemahwasowin Kamik has been busy planning for many activities and events. One of them being the packing of very special Christmas gifts for our children and youth in care with Alberta Children's Services. The team have put much thought and care into the gifts. This year they felt that our children and youth should have greater opportunity to their identity and culture. With that, the team been busy packing identity has boxes with much love and care. Our children will also receive jackets with mitts and toques. team is so excited for the gift bags this year. Chrystal commends her team with a job well done!



Support Services Information

[ERMINESKIN SUPPORT SERVICES APPLICATION PROCESS] October 29, 2020

Application

- SS Administrator will determine Eligibilty
- Inform client of available resources

Average wait time from step 1 (Application) to step 4 (Benefits) is 2-3 business days.

- Client submit Application & supporting Documents
- (e.g. Lease Agreement, Utility bill)

Please ensure all applications & documents are completed fully & correctly.

Processing

- Submitted to Finance for Processing
- Inform client of department policy & procedures

SUBMIT TO: Christina Aguilar Sanchez (Morin)

Email: christina@ermineskin.ca Phone: (780)-585-3941 EXT 271

1-866-585-3941 FXT 271

• Client receives Benefit (e.g. PO, Cheque)

APPLICATIONS AVAILABLE ONLINE (No computer needed):

https://surveyheart.com/form/5ea3395b573eeb2813795dd9

Paper copies available at Maskwacis Fas Gas, Canada Post Maskwacis, & Ermineskin Band Office Security (main entrance).



MASKWACIS HEALTH SERVICES TEMPORARY EMPLOYMENT OPPORTUNITIES COVID 19 SUPPORT STAFF

Maskwacis Health Services is currently seeking individuals for the following temporary positions to support the teams working during the current COVID – 19.

Custodians

(available to work: days, evenings, and weekends)

Triage Staff

(Triaging clients and staff prior to entering facilities)

Scribes

(Clerical Support for Testing Teams)

Please note that shifts and sites shall vary and shall include isolation & COVID sites.

Disclaimer:

- All temporary hires and staff are required to report to triage sites daily for health checks prior to commencement of each shift.
- Those employees hired are also expected to maintain Social Distancing, where possible, to prevent possible exposure and self isolation between shifts.
- MHS and/or its affiliates shall not be responsible for any loss, theft, damage, injury, or illness

If you are interested in any of the positions above please forward your resume, certification and Criminal Records Checks to:

I.ward@mymhs.ca

HEALTH

Why is the COVID-19 quarantine period important?

COVID-19 has up to a 14 day incubation period

Sally was exposed to COVID-19.

DAY 5

Sally got tested for COVID-19 and the results came back negative

DAY 10

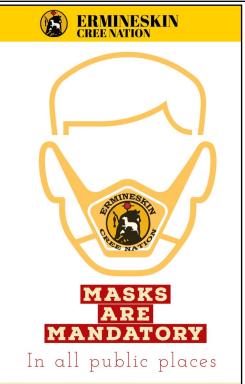
Sally became symptomatic and tested positive



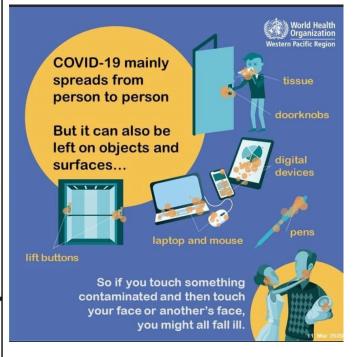


Thinking she didn't have COVID-19, Sally attended a family cookout. She was contagious days 8 & 9 (48 hours before symptoms) and now exposed 17 family members.

It may take up to 14 days past exposure to develop symptoms. You may be infectious two days before symptoms develop. Quarantine helps slow the spread of COVID-19 in our community.











Maskwacis Cases

Total: 157 Active: 47

Recovered: 109

Deaths: 1

Ermineskin Cases

Total: 31 Active: 5

Recovered: 26

COVID-19 Numbers as of November 18, 2020

IF YOU HAVE ASKED TO QUARANTINE OR SELF-ISOLATE AT HOME BY A HEALTH NURSE, THIS IS A PUBLIC HEALTH ORDER.

FOR THE PERSON WHO IS COVID-19 POSITIVE

- For most people who have Covid-19 that means 10 days of selfisolation away from other people.
- The Nurse will explain it to you are called.

FOR THE PERSON WHO IS CONSIDERED A CLOSE CONTACT TO SOMEONE WITH COVID-19

- You will be required to self isolate for 14 days.
- It can take 14 days to develop symptoms or test positive after being exposed to someone with Covid-19, therefore, you will have to STAY HOME for 14 days.

When you are under a quarantine/self-isolation public health order, you may not attend special events like birthdays, grads, weddings, parties, or funerals, etc., and you cannot go to work or school.

This is necessary to ensure we stop the spread of covid-19.

Again, we need your help to keep this community safe and Covid-19 free.

Events Cancelled!

Kanawehmahwasowin Kamik Changing Our Narrative November 24-25, 2020 Women's Shelter Taking Back the Night November 19, 2020



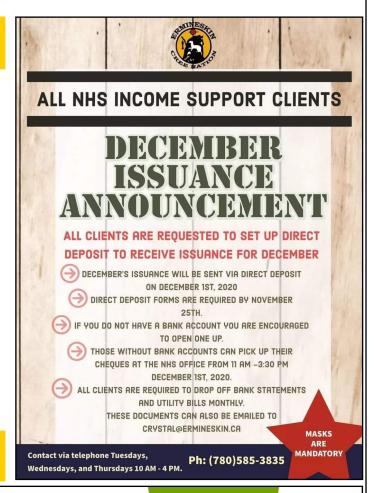
COVID-19 UPDATES

FRIENDLY REMINDER:

When you are done using your disposable masks/gloves, please discard of them properly in the trash bin. Let's help keep our community clean and safe.



ERMINESKIN CREE NATION, Maskwacis Alberta T0C1N0 Follow ermineskin.ca for updates







Maskwacis Cree Tribal Council Resource Coordinator Job Description

As the "MCTC Urban Off-reserve Resource Coordinator" you will be relied upon to provide our most vulnerable Maskwacis Cree Nation members living off-reserve with the resources and direct supports they need to ensure their health and wellbeing are being looked after during the current COVID-19 pandemic. You will first be tasked to research the many different avenues of emergency resources and supports that each urban community already has in place for our off-reserve members. What cannot be provided by the existing urban support programs the Urban and Off-reserve program funding will be able to fill these gaps. The Urban and Off-reserve program funding covers bus tickets, nutritional needs, and mental health support costs.

MCTC Resource Coordinator's duties and responsibilities:

- Serve as a point of contact.
- Appraise client's needs and eligibility for direct supports provided by MCTC Urban office.
- Ensure client assessments are being entered into the program database (for future use).
- Coordinate transportation supports i.e. adult and youth bus tickets (10 packs).
- Distribute Personal Protective Equipment (masks and gloves) and gift cards for nutritional supports
- Connect clientele with COVID-19 emergency services and resources.
- Provide mental health supports through traditional means i.e. elder counselling, etc.
- Provide and maintain connections with family back home and advocate where and when needed.
- Will be required to provide monthly reports, obtain information, make assessments and intake notes. Adhere to monthly deadlines, a must.
- Must attend meetings with MCTC and its Board of Directors via teleconference, videoconference, or in-person.
- Ensure all client hardcopy files are organized and have current and valid client information.
- Utilize traditional teachings as strength-based tools to assist families as a means of mental support during these trying times.
- Expectations and accountabilities of this position may be revised, as necessary.
- Other duties as required by the MCTC Executive Director and Board of Directors.

Skills and Qualifications:

- Public speaking Resource Coordinators need strong public speaking skills to present at public and private meetings
- Interpersonal skills a critical duty of community engagement is building trusting and effective relationships during these trying times. To do this, they must be able to quickly relate with the many members of all four Maskwacis Nations living off-reserve.
- Administrative skills creating documentation and written reports is an important skill for the Resource Coordinator
- knowledge in Microsoft Office Suite (Word, Outlook, Excel and PowerPoint)
- Computers (Windows PC and/or Mac)
- Current Criminal Record check, valid Driver's License and Driver's Abstract are required prior to starting employment
- Own reliable transportation

Salary and Benefits:

- Monthly salary based on working 35 hours per week
- Paid sick and wellness days after 3-month probationary period (pro-rated)

Start and End Date:

- This position is to start as soon as possible and will go until March 31, 2021
- Job Type is Full Time

ALL APPLICATIONS WILL BE SCREENED

CLOSING DATE: TBA
INTERVIEWS: TBA
SALARY: NEGOTIABLE

For applications and further information contact: Clinton G. Roan by Phone: 780-585-0016 or; By email: clinton@mctc.ca

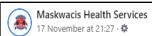
Updated

Ermineskin Property Management Emergency Services

NO WATER ~ NO HEAT ~ SEWER BACKUP

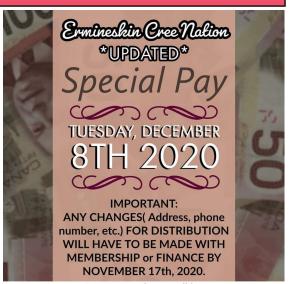
CONTACT: Jenelle Lightning (780) 335-6161





If you attended a wake or funeral Nov. 6-9 inclusive at Maskwacis, you may have been exposed to the Coronavirus.

Please get tested and isolate.



Location and time will be determined at a later date.





Attention All ECN Band Members

- The Xmas Hamper Gift Cards Application Process is <u>NOW CLOSED</u> as we have all spots filled to begin Mail-out process.
- Turkey Hampers will be handed out by Drive-Thru Event at the EIRD Department, Date and Time TBA at a later time (Planning still in process).
- For those who are getting a family member/friend to pick up their hampers can call the EIRD
 Department @780-585-3779, in advance beginning December 1, 2020, to give Individuals name
 of who will be picking up their hamper along with Band Number.
- We will NOT be hiring outside help for the hamper distribution this year Due to COVID-19, as safety/precautionary measures are in place for ECN Employees and community members.

Thank you for your understanding on this matter ©

Please continue to stay safe out there...



ECN ©©VID-19 UPDATES DATE: NOVEMBER 19TH, 2020

ECN ADMINISTRATION, PROGRAMS, AND SERVICES WILL REMAIN CLOSED UNTIL DECEMBER 17TH, 2020.

NOTICE: TEMPORARY ECN OFFICE CLOSURES

ERMINESKIN CHIEF AND COUNCIL AGREE TO DO A COMPLETE SHUTDOWN OF THE ERMINESKIN TRIBAL ADMINISTRATION OFFICES FROM MONDAY, NOVEMBER 23, 2020 TO DECEMBER 7, 2020. FURTHERMORE, THAT THE APPROPRIATE DISINFECTION PROTOCOLS BE SCHEDULED AND IMPLEMENTED.

WHAT DOES THIS MEAN? THE OFFICE CLOSURE IS EFFECTIVE MONDAY, NOVEMBER 23, 2020. THE FOLLOWING WILL BE ALSO IN EFFECT:

- ALL STAFF THAT CAN WORK FROM HOME ARE TO DO SO:
- ALL MEETINGS ARE TO BE DONE BY VIDEO OR TELECONFERENCE;
- SCHEDULE THE DISINFECTION OF THE ADMINISTRATION BUILDING:
- WHEN STAFF RETURNS IN DECEMBER A ROTATION OF STAFF WILL BE DEVELOPED AND IMPLEMENTED;
- ALL BOOKINGS FOR THE NEYASKWEYAHK OKIMAW KAMIK WILL BE POSTPONED UNTIL FURTHER NOTICE;
- TRIBAL ADMINISTRATION SHUT DOWN WILL NOT APPLY TO NHS, WOMEN'S SHELTER, KKI AND ESSENTIAL SERVICES.

THIS DECISION WAS BASED ON THE RECENT INCREASE OF COVID POSITIVE CASES IN MASKWACIS. THE SAFETY AND WELL-BEING FOR ALL ECN EMPLOYEES AND CITIZENS IS PARAMOUNT DURING THIS TIME FOR THE CHIEF AND COUNCIL, ALONG WITH THE EMERGENCY OPERATIONS COMMITTEE. IT IS VERY IMPORTANT TO FOLLOW SAFETY PROTOCOLS ARE THAT CURRENTLY IN PLACE, AND AS SET IN OUT BY AHS/MHS - WEARING OF FACE MASKS, HAND SANITIZING, AND SOCIAL DISTANCING. WE ARE ALSO URGING TO MINIMIZE FAMILY GATHERINGS. WE ALL MUST DO OUR PART IN FLATTENING THE CURVE OF THIS VIRUS IN MASKWACIS. PLEASE REMAIN CALM, DO YOUR PART BY FOLLOWING ALL SAFETY PROTOCOLS. BE SAFE AND STAY HEALTHY, WE ARE ALL IN THIS TOGETHER.

MEASURES AND KEEPING COMMUNITY SAFE 780-585-3741

ERMINESKIN EMERGENCY CONTACTS

DEPARTMENT	CONTACT NUMBER	HOURS OF OPERATION
Maskwacis RCMP	(780) 585-3767	24 HOURS
Ermineskin Fire Hall	(780) 585-4589 / (780) 312-3145	24 HOURS
Ermineskin Security	(780) 585-2004 / (780) 335-3725	8:30AM - 4:30PM /ON CALL
Maskwacis Ambulance	(780) 585-4000	24 HOURS
Maskwacis Health Services	(780) 585-3830	8:30 am - 4:30pm
Maskwacis Mobile Mental Health	(780) 362-2150	24 HOURS
Maskwacis Victim Services	(780) 361-7494	8:00AM - 4:30PM
Ermineskin Women's Shelter	(780) 585-4444	24 HOURS
ECN Administrator	(780) 361-5930	On Call
Kanawemahwasowin-Kamik	AFTER HOURS: (780) 335-1778	Business Hours: (780) 585-3721
ECN Food Bank	(780) 360-9384	On Call
Neyaskweyahk Emploment Program (NEP)	AFTER HOURS: (780) 312-6724	Business Hours: (780) 335-8174 / (780) 585-2101
Neyaskweyahk Human Services (NHS)	(780) 360-9602	On Call
Property Management Service Call	(780) 335-6161	On Call
Public Works	(780) 360-4455	8:30-4:30 / On Call
REA LTD	(780) 312- 4211	
Tech Services	780-585-0255	
Tribal Services	(780) 585-3741 / 1 (866) 585-3941	Tues-Thurs 10:00am - 4:00pm



ermineskin.ca