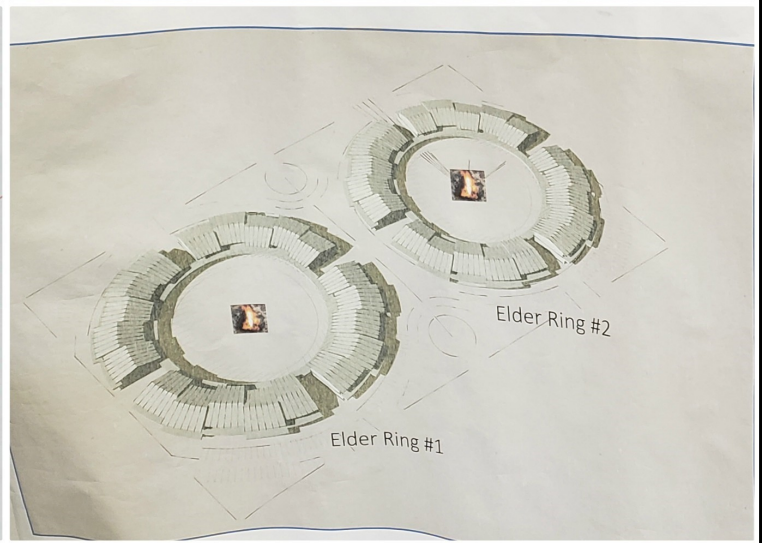
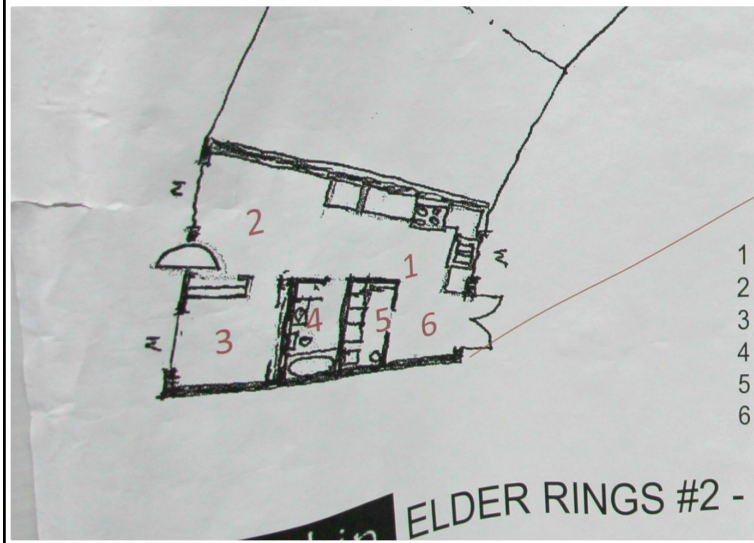
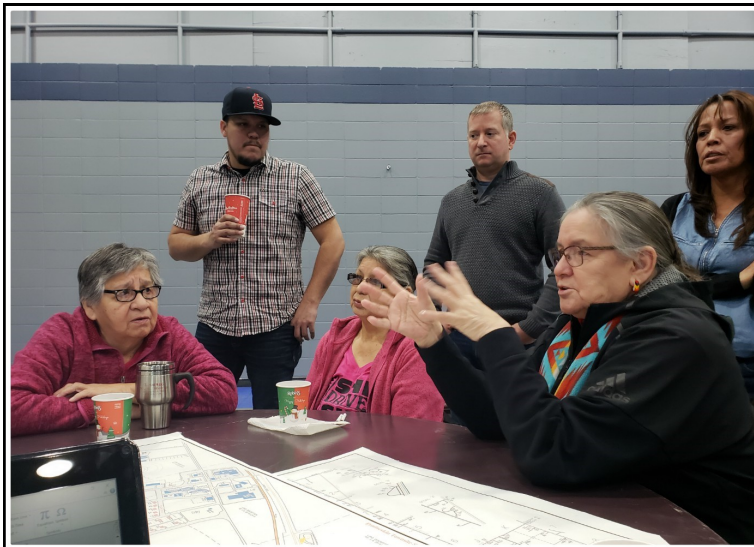




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Ermineskin Newsletter December 20, 2018

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Elders' Village Project Meeting

December 12, 2018 - The plans for the new Elders' Village Project were presented by Jay Noël of Your-ChoiceHomes, a First Nations Housing Company, at the Jim Rattlesnake Building. The event was hosted by EPM. The YCHomes company will be meeting with MESC in the new year to discuss mentorship and trades opportunities for

Maskwacis students, who will be building the tiny homes for Elders.
The location of the Elders' Village will be along the southeast edge of the Ermineskin Town site, where the pow-wow grounds used to be. The area was chosen because it is a central area, with good access to the main road. The layout of the units can be seen on the bottom left photo (above). The units will not be connected as in both pictures above,

but will each have their own space with a yard. There will also be a door that connects the master bedroom to the bathroom, and each door in the unit will have wide doors for wheelchair access. There will be 2 closets for use as a pantry and a linen closet, as well as a master bedroom, utility closet (washer/dryer/furnace/water heater), kitchen area, living room area, mudroom area, and a crawlspace. Mr. Noël also suggested that each unit would benefit from a shed for storage. Suggestions regarding the units' construction from the attendees included: installing a countertop in the laundry room, rails all around the house, park benches and gardens on site, a walking path, medic alert buttons, and a storm shelter for all residents to access in extreme weather events. There has yet to be a decision on which ways the units will face, but the largest windows will be a picture window in the living area and a patio door.

In the centre of the circular "Elder Rings" there will be a 'homefire' area, which will be a gathering area for the Elder residents. There are many opportunities for youth/elder programs with it's proximity to the Daycare and Kindergarten.

For security, it has been suggested that it be a gated community, with parking nearby, as well as having a security person on site at all times, and having check-ins for those with limited mobility. The units will have a curfew for visitors, as they are only built for Elders and a caretaker, if required. There is also the possibility of setting up a satellite Elders office for easier access for residents.

YCHomes has also helped build homes in Siksika, which



have helped house vulnerable elders. It is a good opportunity for Maskwacis youth and sets them up with a trade if they sign up with the program when it is announced in 2019.

Ermineskin Councillor Jason Makinaw stated that digging the storm shelter(s) would be a good idea for an upcoming work project, and is looking forward to bringing in more funding for better sidewalks, and possibly greening up the space with the yearly TD Trees project.

Before the project continues, following the meetings with MESC, there will be a Sod Turning and Pipe ceremony as the project breaks ground. For more information, contact EPM.

~article/photos by Sara Lee~

Pigeon Lake 138A Annual General Meeting

December 10, 2018 - Chief Craig Makinaw and several Councillors met with Ermineskin members in the Pigeon Lake area for their AGM. After Elder Mary gave the invocation, the meeting proceeded with resident concerns from the past AGM on October 25, 2018, being addressed by the Managers and ECN employees present from the relevant departments. Housing issues were discussed by EPM Manager Leanne Omeasoo, who informed the attendees that EPM staff will come out 4 times a month for repairs and maintenance. She hopes to have more money for further projects in June 2019 when she'll know what kind of funding she has received from INAC and CMHC. The past housing inspection is being compiled, and she wants every resident to be aware of the homeowner's responsibilities in the housing policies (which can be seen on page 8 of this Newsletter issue). Leanne would like to see fleet vehicles available for service calls and is working on securing funding for them. Administrator Geraldine Hill suggested that local contractors be hired, creat-



the last meeting, such as broken decks, lights, mold,

Important Dates

ECN Administration Building

December 21, 2018-January 7, 2019- ECN Administration Offices closed for Winter Break. See emergency contact information on page 12 (back page of newsletter).

GET CONNECTED WITH ERMINESKIN CREE NATION



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Neyâskweyâhk Acimowin

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Email: sara@ermineSkin.ca



Next Issue: Friday January 18, 2019

Submission Deadline: Mon. January 14 @4:30PM

homelessness, and those in the community affected by adictions. Councillor Brian Lee also brought up the issue of unfinished service calls, with a suggestion that there be a checklist to be completed before payment can be secured. Brian has also experienced unfinished service calls, with old septic pumps still being left in his yard following service. Larry Cutarm suggested that there be trailers available for families during renovations so they aren't imposing and have a space of their own. Leeann informed the assemblage that there is one trailer currently available in the ErmineSkin town-site, and that she will work on having one made available in Mameo.

Councillor Jason Makinaw reminded the attendees that to be eligible to receive a new home they must comply with policy and put in their housing application forms before December 20, 2015, a deadline which has been in place all year.

Chief Craig Makinaw informed the assemblage that their would be further meetings regarding strategies and solutions for homelessness in the new year.

One concern from the past meeting was broken yard lights, which provide visibility for home occupants and ward off thieves. Leanne said that Dottie (from EPM) will take service calls and they will be serviced. Leanne brought housing applications to the meeting for interested parties.

ECN has been working with "Expert Homes" from Lethbridge and Calgary and are finishing up on a house purchase. There will be more information regarding this purchase in the new year.

Jason Makinaw made himself available to go visit houses after the meeting to see what repairs are needed.

Concerns surrounding the area landfill were numerous. There is

unauthorized dumping in the area, leading to garbage being piled up out to the road, as well as dumping off of the landfill area into the surrounding area. There are abandoned trailers, fridges and stoves, and much of the dumping is from those who don't reside in the area.

The Chief stated that the landfill concerns will be back on the table with CFA meetings coming up in April of 2019.

Also on the agenda was the status of the Cemetery. The current cemetery land will be cleaned up, with a new cemetery site already planned for. It will be on top of the hill with a view of the lake.

ECN Administrator Geraldine Hill informed the attendees that NEP will be restructuring and there will be rotational seasonal programs in MaMeO, Buck Lake, Smallboy Camp, and ErmineSkin and the new cemetery set-up would be a good work project for the area residents. There will be further meetings regarding upcoming NEP programs, as well as planning for the new cemetery. The meeting will also discuss family plots and proper protocol will be followed when the new cemetery is created.

Residents were also concerned with the gas bills being sent after gas meters were put on residents homes without any notification. Collin Wildcat wants to meet with residents in the new year regarding this issue when he has a more comprehensive answer and solution to the issue.

Also raised was a request for a reclamation update. The reclamation is stalled for now as the 4 nations await on the final band's input. Crystal Hill said that MaMeO would like it's own people employed in the reclamation. She also requested an update to the terms of reference for the reclamation committee that would include a policy that guarantees a committee seat for a

resident of MaMeO. Collin WC said he would get the terms of reference to Crystal for her review. Chief Makinaw's evening included a meeting with Indian Oil and Gas Canada (IOGC). Chief Makinaw will give out the information update to council, who will disseminate it to interested parties.

Crystal Hill presented the MaMeO needs assessment created during meetings with residents. The needs assessment found that area residents want increased leadership involvement and commitment, safety and security of nation members, four Nations & Pigeon Lake inclusion, funding resources and allocations, essential services, programs and training, housing and homelessness solutions, representation on boards & committees, and community healing, with third-party led circles.

Dawn Coyote also suggested that there needs to be a cultural building in the area, as the current recreation centre was never meant to be for wakes, according to resident Elders.

Tech Services Manager Mae Ermineskin let attendees know that septic tanks had been cleaned, and that rental for a garbage bin is \$200 to clean out homes. Deanne Lightning, representing the food bank, said she will create more opportunities for residents who struggle with transportation issues to be connected with food bank resources. Gordon Minde of Community Wellness welcomed the community to invite him out anytime to plan for wellness programs they are interested in. ASETS presented their information regarding training programs, including carpentry, capacity funding, help in paying for IDs, birth certificates, criminal record checks, GEDs, and drivers licenses. For more information regarding these programs and services, contact the relevant department.

Final points on the agenda included invitations to the Pigeon Lake Christmas Dinner on December 16th, starting at 4PM, and planning for the next Pigeon Lake AGM, which has been planned for March 2019, with a more definite date TBD. The meeting adjourned at 3:01PM.

~Article and photos by Sara Lee~



ERMINESKIN CREE NATION OFFICIAL STATEMENT

Ermineskin Cree Nation and Teck Resources have an agreement on the Cardinal River Mine. Recently there have been comments on social media that are either inaccurate statements about the agreement or which are personal attacks on members of Council or the Nation's staff. The purpose of this communication is to ensure that Ermineskin Cree Nation members have the following facts:

- Ermineskin was not consulted when the mine was first opened decades ago even though it is within the Ermineskin Cree Nation's ancestral lands. When Teck took over the mine from Cheviot, Teck began to consult with Ermineskin about the mine.
- Any impact on water resources occurred before the consultations with the current Ermineskin council.
- Consultation with Teck has focused on environmental concerns and reclaiming the lands when the mine closes about 8 years from now. Ermineskin Cree Nation has worked hard to ensure environmental stewardship is a priority and that our traditional way of life is protected.
- Teck has agreed that reclamation of the land will be done to a standard that is higher than what is required by regulations. Reclamation will now take into account the need to restore the land to a state that can support Treaty hunting, fishing and gathering.
- All discussions with Teck have focused on Ermineskin's Treaty rights and related interests and concerns. No member of Council, or Ermineskin staff member, has claimed to speak for the Mountain Cree Association.
- The agreement does not address and has no impact on water rights of any kind.
- No individual Ermineskin member, Councillor or staff receives any direct personal benefit from the agreement or Teck.
- Nothing in the agreement abrogates or derogates from Ermineskin's Treaty rights.

Ermineskin Chief and Council

Santa's Anonymous Wrapping Party

December 15, 2018 - Dozens of volunteers gathered at the Jim Rattlesnake Building to wrap the complete haul of Santa's Anonymous donations for community members in need. Lunch was catered by Toni Potts. ~SEL~



Coping with Grief During the Holidays

“Who’s going to carve the turkey this year now that Grandpa has died?” “I don’t have the energy or desire to shop, to decorate, or to be around others this year at Christmas.” Thanksgiving, Christmas, and New Year’s Day are annual holidays that can be a very difficult time for people who have experienced the death of someone loved. Memories of good times and togetherness at the holiday season serve to remind us of our loss. Watching others who are feeling thankful and are celebrating when we feel overwhelmed, lonely or sad can be very painful. Holidays force us to realize how much our lives have been changed by the loss of our loved one. Particularly in the first year, many bereaved are left with having to develop new holiday rituals and traditions.

The first step in coping with grief at the holidays is to acknowledge that the first holiday season is difficult and then to prepare for it in advance by making specific plans and obtaining the support that you need. Remember too, that sometimes anticipation of a holiday can be more difficult than the day itself.

Some Tips for Coping with Grief at the Holidays

Set realistic expectations for yourself. Remind yourself that this year is different. Decide if you can still handle the responsibilities you’ve had in the past. Examine the tasks and events of celebrating and ask yourself if you want to continue them. Take others up on offers to cook, shop, decorate, etc. Consider shopping by phone, Internet or catalogs this year. Surround yourself with people who

love and support you. Share your plans with family and friends and let them know of any intended changes in holiday routine. Memories can sometimes be a source of comfort to the bereaved. Share your memories with others of holidays spent with your loved one by telling stories and looking at photo albums.

Try to avoid “canceling” the holiday despite the temptation. It is OK to avoid some circumstances that you don’t feel ready to handle, but don’t isolate yourself. Allow yourself some time for solitude, remembering and grieving, but balance it with planned activities with others.

Allow yourself to feel joy, sadness, anger – allow yourself to grieve. It is important to recognize that every family member has their own unique grief experience and may have different needs related to celebrating the holidays. No one way is right or wrong. Experiencing joy and laughter does not mean you have forgotten your loved one.

Draw comfort from doing for others. Consider giving a donation or gift in memory of you loved one. Invite a guest who might otherwise be alone for the holidays. Adopt a needy family during the holiday season.

Take care of yourself. Avoid using alcohol to self-medicate your mood. Try to avoid the hustle and bustle of the holiday season. Physical exercise is often an antidote for depression. Writing in a journal can be a good outlet for your grief. Buy yourself something frivolous that you always wanted but never allowed yourself to indulge in.

Create a new tradition or ritual that accommodates your current situation. Some people find comfort in the old traditions. Others find them un-

bearably painful. Discuss with your family the activities you want to include or exclude this year. **Some examples of new rituals and traditions include:**

- Create a memory box. You could fill it with photos of your loved one or written memory notes from family members and friends. Young children could include their drawings in the memory box.
- Make a decorative quilt using favorite colors, symbols or images that remind you of the person who died.
- Light a candle in honor of your absent loved one.
- Put a bouquet of flowers on your holiday table in memory of your loved one.
- Visit the cemetery and decorate the memorial site with holiday decorations.
- Place a commemorative ornament on the Christmas tree.
- Write a poem about your loved one and read it during a holiday ritual.
- Play your loved one’s favorite music or favorite game.
- Plan a meal with your loved ones’ favorite foods.

The most important thing to remember is there is no right or wrong way to celebrate the holiday season after the death of a loved one, and that the best way to cope with that first holiday season is to plan ahead, get support from others and take it easy.

Books on Grief and the Holidays

James Miller, *How Will I Get Through the Holidays? Twelve Ideas for Those Whose Loved One Has Died*

Drs. Clarence Tucker and Cliff Davis, *Holiday Blues—A Self-Help Manual on Grief Through the Holidays*

~article from www.vitas.com~

Correction: In the December 7th, 2018 Newsletter, in the “Information Session on Indian Day Schools Class Action Lawsuit,” a quote from Leslie Doucet, a legal assistant from Grey Wowk Spencer, received after October’s “Indian Hospitals Class Action” was misattributed to Gowling WLG. The two Class Actions are unrelated, and the Newsletter apologizes for the oversight. The Gowling WLG session covered the Class Action lawsuit that was “originally filed in 2009 on behalf of Indigenous people (and their families) who attended an Indian Day School, Garry Leslie McLean et al v. Attorney General of Canada was certified by the Federal Court of Canada on June 21, 2018. Over the past few months, the Government of Canada and the parties have been engaged in negotiations with the goal of resolving this litigation in a fair, compassionate, and respectful manner that combines individual compensation with forward-looking investments... The McLean Agreement-in-Principle demonstrates Canada’s commitment to righting historical wrongs through negotiation rather than litigation; it allows parties to go beyond the remedies that can be granted by the courts and to explore concrete ways to address healing, language, culture and commemoration.” (www.canada.ca/en/crown-indigenous-relations-northern-affairs/news/2018/12/indian-day-schools-mclean-agreement-in-principle.html)

Elders' Christmas Dinner

December 4, 2018 - Ermineskin Elders' Centre hosted a Christmas Dinner for Ermineskin Elders. The dinner started with singing by Ermineskin's own Sara Lee, who serenaded the Elders present with Christmas carols.

Elders' then enjoyed a tasty meal made by Elder's Centre staff member Darlene Coyote, with the aid of Rhonda Foureyes, Junior Coyote, Constance Twin, Connie Roan, and Claudia and Gift Wrapping was done by Haileigh Whitebear and Tamia Minde.

All attendees were given raffle tickets, and winners were allowed to choose between gift baskets containing cleaning supplies, or snacks and a movie for a fun movie night. Elders were also given presents from the Elders Department, which included a



bag of fresh mandarin oranges. gift basket of cookies and snacks, as well as a

~article and photos by Sara Lee~



Pictured above: Candid photos from the 80s themed Ermineskin Cree Nation Staff Christmas Party. Three Ermineskin youths were honoured for their work in Cadets (top 3 photos, above left: Chase Littlechild – Soaring Eagle Program – RCMP 'K' Division, Jayden Wildcat – Bold Eagle Program, Megan Ermineskin – Bold Eagle Program) and ECN Directors were honoured with a gift from Administrator Geraldine Hill. Santa Claus stopped by to take photos with staff members, and everyone enjoyed an evening of entertainment (Pow Wow Dancers), games, draws, dancing, good food and good friends. *~photos/article by Sara Lee~*

Pigeon Lake Christmas Dinner

December 16, 2018 - Dozens of Pigeon Lake residents were present to enjoy a Christmas Dinner at the Pigeon Lake Recreation Centre, which began at 4PM. The evening began with words from Chief Craig Makinaw and Councilors Brian Lee, Jason Makinaw, and Daniel Wildcat, who all thanked everyone for attending, as well as a visit with Santa Claus. Children lined up to tell Santa what they wanted for Christmas, and each received a few candy bags. During the catered dinner of there was singing provided by Sara Lee. There were draws for prizes, as well as gifts for Elders. The event was emcee'd by Crystal Hill.

~photos and article by Sara Lee~



Women's Health Day at Ermineskin Public Health

December 11, 2018 - Kayla Ward of Public Health organized a women's health day of Holiday baking. It was open to all women in Ermineskin and is one of the many women's and men's health day activities to come. Kayla offered all the ingredients for Rice Crispy Squares, Pretzel Hugs, and more, which attendees were able to bring home.

~article/photos by Sara Lee~



Men's Group Meets at Jim Rattlesnake Building

December 11, 2018 - The Ermineskin Community Wellness Men's Group met at the Jim Rattlesnake Building. The group meets to discuss important aspects of Nehiyaw men's lives, such as: fitness, language, story telling, drumming/singing, pipe ceremonies, traditional parenting, and men's rites of passage. The next sessions will happen on January 15th and 22nd, with more to come in February, March, and April. To register, contact Ermineskin Community Wellness at [780]585-3741.

~Photo and article by Sara Lee~



Homeowner's Responsibility

Section 29/P. 23 of Policies

S 29.1 All Lawful Occupants are expected to be aware of and comply with basic responsibilities of preventative maintenance of their allotted homes and shall perform or take care of, including, but not limited to:

- Regular Checks and replace furnace filters
- Testing smoke/fire detectors
- Regular cleaning of range hood filters
- Purchase/replace door knobs
- Purchase/replace light bulbs and fixtures
- Purchase/replace window screens
- Cleaning eaves troughs
- Cleaning fireplace/woodstove chimneys
- Window hardware
- Sidewalk blocks
- Weather stripping of doors
- Regular maintenance of hot water tank
- Phone line
- Utilities
- Lawn maintenance to prevent mice infestation
- A/ The tenant/resident shall keep the premises clean, safe and dispose of all garbage in the proper manner. All refuse shall be

placed in garbage containers. Wrappers, bottles, papers and other debris shall not be strewn on the grounds.

- B/ The tenant/resident shall use the yard, entrance and walks in a proper manner and shall keep walks and yards free of all objectionable materials, including ice and snow.
- No combustible or offensive goods, provisions or materials shall be kept on the premises near furnace or fireplace.
- Duty of Fire Department when checking safety provisions
- Cleaning heat vents
- Repair/replace appliances (fridge, stove, washer, dryer, dishwasher)
- Clean bathroom vents
- Caulking exterior windows and doors
- Know when to ventilate a house when cooking and taking showers

- Immediately report damage of soffits to EPM
- Daily home cleaning
- Disposal of garbage at Ermineskin Transfer Station
- Repair/replace/purchase lavatory and kitchen taps

29.2 Any guests are not permitted to stay longer than one Month in any calendar year without the written consent of the Ermineskin Cree Nation Housing Committee.

UPCOMING EVENTS

Thursday December 20

Community Christmas Dinner @ EJSHS, 5:30PM-7:30PM

Santa's Anonymous at Jim R.S. Building, 1-8PM.

Friday December 21

MHS Pain Clinic is now moved to Public Health. 9AM-4PM. Our Pain Team can help. **By appointment only.** We will have a Nurse Practitioner, Physical Therapist, & Mental Health Therapist. Complementary practitioners include: Elders, Traditional Healers, Oriental Therapy Practitioner. Call (780) 585-2151

Saturday December 22

Ermineskin Minor sports Bingo Fundraising: Afternoon @ Samson Bingo Hall, contact: Jackie Littlechild - 780-585-3760.

Sunday December 23

-

Monday December 24

Christmas Eve

Tuesday December 25

Christmas Day!

Wednesday December 26

-

Thursday December 27

Winter Youth Sports Camp @ EJSHS. 10:30AM-3:30PM. For ages 10-18. Call 585-3088 or 585-3012 or 585-4075 to register. Open to all 4 nations youth. (day 1 of 2)

Healthy Risk Takers Workshop @ Erm. Elders Centre, 10:30AM-3:30PM (lunch provided). Topics: Understanding Trauma, Grief & Loss. Call Ermineskin Community

Wellness to Register. (Day 1 of 2)

Friday December 28

MHS Pain Clinic is now moved to Public Health. 9AM-4PM. Our Pain Team can help. **By appointment only.** We will have a Nurse Practitioner, Physical Therapist, & Mental Health Therapist. Complementary practitioners include: Elders, Traditional Healers, Oriental Therapy Practitioner. Call (780) 585-2151

Winter Youth Sports Camp @ EJSHS. 10:30AM-3:30PM. For ages 10-18. Call 585-3088 or 585-3012 or 585-4075 to register. Open to all 4 nations youth. (day 2 of 2)

Healthy Risk Takers Workshop @ Erm. Elders Centre, 10:30AM-3:30PM (lunch provided). Topics: Understanding Trauma, Grief & Loss. Call Ermineskin Community Wellness to Register. (Day 2 of 2)

Saturday December 29

Men's Hockey Jackpot Tournament - Day 1, call Ermineskin Community Wellness (585-3741) or Arena (585-2273) to Register. \$65 entry fee.

Sunday December 30

Men's Hockey Jackpot Tournament - Day 2, call Ermineskin Community Wellness (585-3741) or Arena (585-2273) to Register.

Monday December 31

New Year's Eve Round dance at HBMC: starts at 7PM.



Tuesday January 1

New Year's Day

Wednesday January 2

New Year Youth Sports Camp. Open to All 4 nations youth. Ermineskin Junior Senior High School, 10AM-3:30PM. Basketball, Hockey, Volleyball, Youth Masters Program: Learn the secret of how to manifest & work the Law of Attraction to your advantage. To register contact: ECN Rec: 585-3088, SCN Rec: 585-3012, Louis Bull: 585-4075, SCN IT: Natasha Saddleback - 585-3793. (Day 1 of 2)

Thursday January 3

New Year Youth Sports Camp. (Day 2 of 2)

Friday January 11 2019

Homelessness & Addictions round table discussion, 7:00PM @ Wetaskiwin Justice Café (Wetaskiwin Mall), contact: alanadschamber@gmail.com ph: 780-352-2626.

ASETS is able to help you if you are applying for program funding if you are trying to upgrade your skills or further your career goals. You can come and apply even if you've received E.I. within the last 7 years, or are currently on E.I. Call ASETS: 780-585-0191.

Grief Recovery Workshop: Brighter Futures, 6 sessions, starting January 15th, 2019. Limit 12 participants. Tu/Th, 6-8PM. Transportation and Snacks provided. Call Rebecca or Clarisse at 780-585-2000 for information.

Teen Girl Power: Brighter Futures. Starting Thursday January 17, for ages 13-17 yrs, runs from 5-7PM.

Call Rebecca @ 780-585-2000 to register.

Job Opportunities

Ermineskin Child Welfare Research Consultant with the Ermineskin External Affairs Department

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Ermineskin Chief and Council, Ermineskin Administrator Geraldine Hill and her team for supporting the Pigeon Lake and Buck Lake Community Christmas Dinner that was held on Sunday, December 16th at Pigeon Lake Recreation. A special "Thank You" to Sara Lee for coming to share her beautiful voice in singing Christmas Carols. Thank you to all the Volunteers: Penny Roan, Woody Roan, Dawn Coyote, and Emily Coyote. Wishing You All a Merry Christmas and Happy New Year.

In kind spirit Chrystal Littlechild-Hill.


Closing date: **January 9, 2018**
Please submit application/resume, copies of certificates, child intervention check and criminal Record check to ECN Personnel Department.

Ermineskin Child Welfare Research Assistant with the Ermineskin External Affairs Department.

Closing date: **January 9, 2018**

Please submit application/resume, copies of certificates, child intervention check and criminal Record check to ECN Personnel Department.

Hospitality training program: four weeks of training, four weeks of work placement. Apply at Industrial Relations, Maskwacis, deadline is January 7, 2019 at 4:30PM. Apply now!
Contact: Alex Littlechild, 780-585-3779 or alex@ermineskin.ca.



PUBLIC NOTICE

ECN Cannabis Law Ratification Vote

This meeting is to vote on the proposed ECN Cannabis Law. REFRESHMENTS WILL BE PROVIDED.

DATE: JANUARY 17TH, 2019
TIME: 5:00 - 7:00 PM
LOCATION: JIM RATTLESNAKE BUILDING

For further information, call
Josh Littlechild @ (780) 585-3741



ERMINESKIN COMMUNITY WELLNESS, RECREATION & ARENA

MEN'S HOCKEY LEAGUE

**GAMES EVERY SUNDAY
(2) 25 MIN PERIODS
FIRST 36 MEN REGISTERED**

2019

**STARTS: JAN. 27TH
ENDS: MARCH 17TH**

GOALIES PLAY FOR FREE
REFEREES WILL BE PRESENT

\$80 FEE

**TO REGISTER CONTACT
ERMINESKIN ARENA (780)585-2273**

Christmas Sleigh Ride

LOCATION: BEAR PARK
TIME \ DATE : DEC.22 NOON - 3:00PM

PLEASE DRESS FOR THE WEATHER. SNACKS AND REFRESHMENTS WILL BE PROVIDED AS WELL.

There is limited space, so it is advised to call ahead of time.

For more information
please call : (780) 362-2158



Ermineskin Education Trust Fund AWARDS NIGHT

SATURDAY JANUARY 26, 2019

ERMINESKIN JR/SR HIGH GYM

1pm-3pm: K-12 Awards
4pm-6pm: Post Secondary Awards

Report cards and awards need to be dropped off at EETF office at the old Miyo Wahkotowin Building upstairs to the left, no later then January 11, 2019.

FOR MORE INFORMATION PLEASE CONTACT: (780)585-2135

Holiday Message from Ermineskin Cree Nation Chief Craig Makinaw

Tansi! On behalf of myself, and our Council Members, we wish everyone a wonderful Christmas and safe and Happy New Year

MAHTI KA-WI-MIYO-MANITOWI-KÏSIKANISINÂWÂW
L'N b Δ Γ R LσDΔ Pÿboâċ



DECEMBER 2018

Foodbank Calendar
HOURS OF OPERATION: 10:00 AM - 12:00 PM AND
PLEASE CALL FOR ELIGIBILITY. Phone: (780) 585-2377

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Open	4 Open	5 Open	6 CLOSED Special Day	7 Open	8
9	10 Open	11 Open	12 Open	13 CLOSED Family Allowance	14 OFF FRIDAY	15
16	17 CLOSED	18 Open	19 Open AISH	20 Open	21 CLOSED Prison	22
23/24	24/25 CLOSED	26 CLOSED Merry X-mas	27 CLOSED Ending Day	28 Open NHS Insurance to be Determined	29	

We will be closed 4 days after payments such as NHS payment and family allowance.

Season's Greetings

On behalf of the Ermineskin Cree Nation, we would like to extend our warmest thoughts and best wishes for a wonderful holiday and a very Happy New Year!

Miyo Manito Kisikaw
Γ R LσD Pÿbo



ERMINESKIN COMMUNITY WELLNESS

RECHARGE YOUR LIFE

JANUARY 16 & 17
ERM. ELDERS CENTER
10AM - 3:30PM
TOPIC: INSPIRATIONS & MEMORY PLANS

FEBRUARY 13 & 14
ERM. ELDERS CENTER
10AM - 3:30PM
TOPIC: TOTEMS

MARCH 13 & 14
ERM. ELDERS CENTER
10AM - 3:30PM
TOPIC: INSTALLATIONS

TO REGISTER CONTACT COMMUNITY WELLNESS (780)585-3741

Ermineskin Community Wellness & Recreation

WINTER YOUTH SPORTS CAMP
December 27 & 28, 2018

AGES 10 - 18
10:30AM - 3:30PM
OPEN TO ALL 4 NATIONS YOUTH
PLEASE BRING GYM CLOTHES LUNCH PROVIDED

BASKETBALL
ERMINESKIN JR/SR HIGH SCHOOL GYM
HOCKEY VOLLEYBALL

TO REGISTER CONTACT:
ECN REC: (780)585-3088
SCN REC: (780)585-3012
LOUIS BULL: (780)585-4075

Ermineskin Community Wellness

Healthy Risk Takers Workshop

December 27 & 28, 2018
Ermineskin Elders Center
10:30am - 3pm

Please join us in this 2 Day Workshop of Emotional Wellness

Topics of Discussion: Trauma, Grief & Loss

-Limited Seating Register Early- Lunch Provided-

ERMINESKIN COMMUNITY WELLNESS

DECEMBER 4 & 11
JIM RS BLD.
1:00PM - 3:00PM

TOPICS OF DISCUSSION:
FITNESS, LANGUAGE, STORY TELLING, DRUMMING & SINGING, PIPE CEREMONIES, TRADITIONAL PARENTING (ADULT, FATHER, GRANDFATHER) & MEN'S RITES OF PASSAGE

MEN'S GROUP

JAN. 15 & 22 | **FEB. 12 & 19** | **MARCH 12 & 19** | **APRIL 16 & 23**

JIM RS BLD. | **JIM RS BLD.**
1:00PM - 3:00PM

TO REGISTER CONTACT COMMUNITY WELLNESS AT (780)585-3741

Ermineskin Community Wellness & 4 Nations Recreations

NEW YEAR YOUTH SPORTS CAMP
January 2 & 3, 2019

AGES 10 - 18
OPEN TO ALL 4 NATIONS YOUTH
10:30AM - 3:30PM
PLEASE BRING GYM CLOTHES LUNCH PROVIDED

YOUTH MASTERS PROGRAM
LEARN THE SECRET ON HOW TO MANIFEST & WORK THE LAW OF ATTRACTION TO YOUR ADVANTAGE

BASKETBALL
ERMINESKIN JR/SR HIGH SCHOOL GYM
HOCKEY VOLLEYBALL

TO REGISTER CONTACT:
ECN REC: (780)585-3088
SCN REC: (780)585-3012
LOUIS BULL: (780)585-4075
SCN I.T.: NATASHA SADDLEBACK (780)585-3793

IN COLLABORATION WITH:

E.C.N. Emergency Contact List

From December 21, 2018 - January 7, 2019

Organization	Number
Maskwacis RCMP	(780)585-3767
Maskwacis Ambulance	(780)585-4000
Ermineskin Fire Hall	(780)312-3145 or (780)585-4589
Samson Fire Hall	(780)585-2977
Ermineskin Security	(780)585-2004 or (780)335-3725
Ermineskin Cree Nation Administrator Geraldine Hill	(780)361-5930
Ermineskin Property Management Service Clerk Jennifer Lee	(780)360-2546
Ermineskin Property Management CMHC Manager Lee Anne Omeasoo	(780)335-0475
Ermineskin Community Wellness Maureen Wildcat	(780)312-8845
Ermineskin Support Services Coordinator Margaret Johnson	(780)364-0107
Neyaskweyahk Arena Manager Tyrone Ermineskin	(780)312-4712
Ermineskin Recreation Manager Kevin Littlechild	(780)335-2404
Brighter Futures Manager Clarisse Makinaw	(780)360-9496
Neyaskweyahk Human Services Angel Smallboy	(780)360-9602
Ermineskin REA LTD	(780)312-4211